

Cuttings from a Gardener's Diary (Sam Youd)

Sam strongly recommended three vegetable seeds – all are heritage varieties.:

Couve Tronchuda		Also known as Portuguese cabbage or Portuguese kale, this cabbage relative produces a stout, upright stem to about 2 feet tall, with broad, wavy, light green to blue-green leaves with thick, white stalks and veins. A single plant fills a space about 2 feet across by the middle of the growing season.
Cauliflower	Veitch's self foldind	A large leaf folds over the head avoiding the need to tie the leaves over.
Lettuce	Fat lazy blond (<i>Grosse Blond Paresessuse</i>)	This lettuce is so named because it's a grosso type (ie, fat); it's slow-bolting (ie, lazy); and it has a light yellow center (ie, blond). He says it has more taste than other lettuce.

He suggested we try a seedsman who produces a variety of less-common heritage seeds:

Thomas ETTY
 Seedsmans Cottage
 PuddleBeidge
 Horton
 Near Illminster
 Somerset TA19 9RL

<http://www.thomasetty.co.uk/seeds/index.html>

Tip for slugs – eg Hostas
 Surround with cat litter!